For Further Information about Resource Parents

Please speak to the Special Education staff at your school (teachers, specialists, and administrators), or contact your school district’s Special Education office.

OR

Call North Region SELPA at (510) 525-9806.

North Region SELPA Resource Parents

Amy Apel - Albany
(510) 292-9390
amy.selpaparent@gmail.com

Balvina Gonzalez - Berkeley
(510) 778-1219 (ESPAÑOL)
balvina.selpaparent@gmail.com

Jill Gorman - Alameda
(510) 972-3773
jill.selpaparent@gmail.com

Linda Juhala - Alameda
(510) 814-8683
linda.selpaparent@gmail.com

Ruth Breslin - Berkeley
(510) 843-3154
ruth.selpaparent@gmail.com

If you are the parent of a child with special needs, this program could help you...
A Resource Parent is a volunteer who is a trained and authorized source of information, support and confidential consultation for parents of children with special needs. All resource parents have been trained by the North Region Special Education Local Plan Area (SELPA).

A Resource Parent is also knowledgeable about Special Education law and the Individualized Education Program (IEP) process. If the Resource Parent is not able to provide adequate information, she/he will direct parents to the appropriate resources. Resource Parents are all parents of special needs children themselves and have first-hand experience working with school districts.

A Resource Parent is not an advocate, but can be helpful working with:

- Parents of children newly referred for a Special Education assessment.
- Parents with questions about the IEP process.
- Parents with questions about services and programs.
- Parents who need resources to help make decisions about their child’s educational program.
- Parents who can benefit from talking to another parent of a special needs child.

For further information or referral, please contact the special education staff at your school, your school district’s special education department, or North Region SELPA at (510) 525-9806.